
CONSTITUTION OF THE UNIVERSITY OF JAFFNA

SPORTS COUNCIL

PART - 1

PART - 1: TITLE AND NATURE OF THE COUNCIL

- 1.1 The Council shall be called the University of Jaffna Sports Council
- 1.2 Objectives of the Council
 - 1.2.1 The Council along with the University Sports Advisory Board and the Department of Physical Education of the University shall be responsible for the organization and administration of all sports facilities provided by the University of Jaffna for its students.
 - 1.2.2 The Council shall encourage and enlist as many as possible of the internal, full time registered students, to avail themselves of the facilities provided by the University for games and sports.
 - 1.2.3 The Council shall recognize individual meritorious performance in games and sports, in terms of the rules and procedure laid down for the purpose, and make recommendations for the awarding of University Colours.
N.B:- Those who have completed the course of study or sat the final examination are not treated as students for the above purpose.

PART - 2

PART - 2: THE COUNCIL AND ITS MEETINGS

- 2.1 The Vice-Chancellor, University of Jaffna shall be the ex-officio patron of the Council.
- 2.2 MEMBERSHIP : The Sports Council shall comprise the following members :
 - a. Captains and Vice Captains of the respective games and sports.
 - b. One male and one female student representatives from each faculty.
 - c. The Director of Physical Education and two elected members of the permanent academic support staff of the Department of Physical Education.
 - d. Two members appointed by the Sports Advisory Board.
- 2.3 TERM OF OFFICE
Members shall hold office for one academic year. The election of members of the Council for the next academic year should take place at the end of the current year.
- 2.4 RESIGNATION
Any member may resign from his/her membership:
 - a. At least two weeks notice of such resignation should be given to the Director of Physical Education.
 - b. The member resigning shall hand over all sports materials in his/her possession to the Director of Physical Education.

2.5 MEETINGS :

- a. The meetings of the Sports Council other than the first meeting at the beginning of the academic year shall be summoned by the secretary on the request of the President of the Sports Council by means of
 - i. A notice on the Sports Council Notice Board and individual notices to all members of the Council.
- b. At least one week notice of a meeting shall be given and the notice shall specify the place and time and indicate the agenda of the meeting.
- c. The first meeting at the beginning of each academic year shall be summoned by the Director of Physical Education who shall preside this meeting. The executive Committee of the Sports Council shall be elected at this meeting.
- d. A special General Meeting shall be summoned by the Secretary on the written request of one third of the members of the Council.
- e. A quorum for a General Meeting shall be one third of the membership and half of the membership for a special General Meeting.
- f. The Council shall meet at least six times during an Academic year.

PART - 3

PART - 3: OFFICE BEARERS AND EXECUTIVE COMMITTEE OF THE COUNCIL

3.1 The following office bearers shall form the executive committee of the council.

President

Vice President

Secretary

Senior Treasurer

Junior Treasurer

Asst. Secretary

Editor

Reporter

3.2 CONCERNING THE PRESIDENT

- a. The President of the Council shall be a Captain of a game or sports for which University Colours are awarded.
- b. He/She shall take the chair at all meetings of the Council at which he/she is present.
- c. Whenever the President wishes to vacate the chair for the purpose of speaking on a motion or where the subject under discussion is one that concerns his/her personal integrity, he/she shall call upon the Vice President to take the chair; in the absence of the Vice President the house shall elect an interim chairman.
- d. The President shall be the chairman ex-officio of all committees appointed by the Council.

- e. The President or anyone acting for him/her shall be the sole interpreter of the laws and regulations of the Council at the meetings over which he/she presides.
- f. The President or anyone acting for him/her shall have a casting vote at any general election, by selection or on a division of the house.

3.3 CONCERNING THE VICE PRESIDENT

- a. The Vice President of the Council shall be a Captain/Vice Captain of a game or sports for which University Colours are awarded.
- b. All powers, duties and responsibilities of the President shall in his/her absence devolve on the Vice President of the Council.
- c. Conducting the University Colours Night and other social functions of the Council shall be the responsibility of the Vice President, subject to the control of the Council.

3.4 CONCERNING THE GENERAL SECRETARY

- a. The General Secretary of the Council shall be a Captain/Vice Captain of a game or sports for which University Colours are awarded.
- b. He/She shall be in charge of the records of the Council.
- c. He/She shall be responsible for concerning all general meetings of the council and preparing the agenda for such meeting and shall keep the minutes of the proceedings of meetings in the minute's book.
- d. He/She shall keep a record of the attendance of the meeting of the council.
- e. He/She shall keep a record of all rulings and interpretations of the laws and regulations of the Council that may be given from the chair in order that reference may be made to them by the chairman of any subsequent meeting for his/her guidance.

3.5 CONCERNING THE ASSISTANT SECRETARY

- a. The assistant Secretary of the Council shall be a Captain/Vice Captain of a game or sports for which University Colours are awarded.
- b. All powers, duties and responsibilities of the Secretary of the Council shall in his/her absence devolve on the assistant secretary.
- c. He/She shall assist the secretary in his/her duties.
- d. He/She shall hold in custody the challenge cups and trophies of the Council.

3.6 CONCERNING THE JUNIOR TREASURER

- a. The Junior Treasurer of the Council shall be a captain / Vice Captain of a game or sports for which University colours are awarded.
- b. He/She shall assist the Senior Treasurer in maintaining the accounts of the Sports Council.
- c. He/She shall maintain a cash book/ledger.
- d. He/She shall submit the Annual Account at the end of the Academic Year.

3.7 CONCERNIG THE EDITOR

- a. The Editor of the Council shall be a Captain/Vice Captain of a game or sports for which University colours are awarded.
- b. He/She shall be responsible for all the publications of the Council.
- c. He/She shall release information to the press on various sports activities of the Council.
- d. He/She shall popularize the sports activities of the Council.

3.8 CONCERNING THE REPORTER

- a. The reporter of the Council shall be a Captain/Vice Captain of a game or sports for which University colours are awarded.
- b. He/She shall maintain complete records of the matches played by the respective teams.

3.9 RESIGNATION FROM THE EXECUTIVE COMMITTEE

- a. Any executive Committee member may resign his/her post by giving at least three weeks notice in writing to the Director of the Physical Education.
- b. The resigning member shall hand over all records and sports goods under his/her possession along with the letter of resignation to the Director of Physical Education.

3.10 VACATION OF OFFICE

- a. If a member of the Executive Committee/a member of the Council fails to attend three consecutive meetings of the council without excuse acceptable to the Executive Committee, he/she is deemed to have vacated the office/membership.

3.11 CONCERNING THE SENIOR TREASURER

- a. The SeniorTreasurer shall be the Director of Physical Education Unit of the University of Jaffna.
- b. He/She shall supervise and shall be responsible for proper management of the finances of the Council. He/She shall act in the capacity of advisor to the Council.
- c. He/She shall see that the cash books/ledgers are properly maintained.
- d. He/She shall be present at the budget meetings of the Council to answer any questions pertaining to the budget and accounts of the Council.
- e. He/She shall bring to the notice of the Council any irregularity of any member in the accounts of the Council.
- f. He/She shall present the final accounts of the year at the last meeting of the Council.

PART - 4

4.1 ELECTION OF CAPTAINS AND VICE CAPTAINS

- a. Director, Physical Education shall call for nominations for the captains and the Vice Captains of various games giving at least two weeks notice of the last date for receiving nominations.
- b. Each nomination for the post of a Captain or a Vice Captain of a game shall be in writing signed by two Colours Men/Women who had represented the team of the game concerned in the preceding year and shall carry a statement of his/her consent signed by the person nominated. Those who completed the course of study/sat for the Final Examinations shall not be eligible to sign the nominations.
- c. Only those who were awarded Colours in a game/sport in the preceding year shall be eligible for election as the Captain or Vice Captain of the game/sports. Those who have completed the course of study/sat for the final Degree/Diploma Examination shall not be eligible for election as a Captain or a Vice Captain.
- d. No Colours Men/Women shall sign more than one nomination paper for the same sport.
- e. The validity of a nomination shall be determined by the Director of Physical Education.
- f. In the event of the receipt of only one valid nomination, the Director of Physical Education shall declare the person elected.
- g. In the event of the receipt of more than one valid nomination, the Director of Physical Education shall make arrangements for holding an election by secret ballot.
- h. The Director of Physical Education shall give at least three days of notice of such election and also indicate the time and place of such election.
- i. Only the Colours Men/Women of the game/sports concerned in the preceding year shall be eligible to vote in the election.
- j. In the event of no valid nomination being received the Director Physical Education shall appoint a Captain or a Vice Captain as the case may be.
- k. A player can be a captain or vice captain for only one team in an academic year.

4.2 CONCERNING THE CAPTAINS

- a. The Captain of each sport shall be responsible to the Sports Council and the D.P.E/I.P.E as far as his/her sport or game is concerned.
- b. The Captain shall submit an estimate of expenses for the year for approval by the Sports Council at the budget meeting.
- c. The Captain shall be responsible for arranging matches with outside teams, arranging the inter faculty and freshers tournaments and providing recreational facilities for the sport of which he/she is captain.

- d. The captain shall maintain and be responsible for discipline and behaviour of his/her team.
- e. The Captain shall serve in the Colours Committee of the game/sport which recommends names for Colours of the game concerned.
- f. The Captain shall assist the D.P.E and the Sports Council in all matters pertaining to the implementation of the policy for sport and Physical Education in the University of Jaffna.
- g. The Captain shall maintain the record book provided for him/her in which he/she shall enter the following details: venue, date, result and the names of the team members (including the reserves) who represented the University, of the matches played and tournament participated. The results of all University tournaments and matches as well as names of winners of Colours shall be recorded in this book.
- h. The Captain shall announce the names of the team, selected by selectors of the team and post the names on the notice board provided for the game or sport at least one day prior to the match. Such team shall be selected after a series of trials and after the Inter Faculty Tournaments are completed. Any exception to this procedure shall require the prior approval of the D.P.E.
- i. The captain should submit the monthly attendance sheet at the end of every month.

SELECTORS OF A TEAM

The selectors of a team are made by the Captain and Vice Captain in concurrence with the Manager, the Coach and the Instructor/Instructress In charge of the game concerned.

The Captain and his team shall be under the disciplinary control of the D.P.E.

PART-5

PART – 5: CRITERIA FOR THE AWARD OF COLOURS/HALF COLOURS FOR THE SPORTSMEN AND SPORTWOMEN OF THE UNIVERSITY OF JAFFNA

GENERAL CONDITION: A prospective candidate should put in at least 60% of attendance at practices sessions.

5.1. ATHLETIC MEN/WOMEN

a. ATHLETIC MEN/WOMEN

To select an Athletic team, an athletic team pool will be formed. The team will be selected from this pool. The followings are eligible to be a member of the pool.

- i. Those who have participated at the Inter Faculty Track & Field Championship except those who have newly registered students after the meet.

or

- ii. Those who have obtained prior approval from the Director of Physical Education who could not participate in the Inter Faculty Track & Field Championship due to valid reason.

The member of the athletic team should get the first or second place in the selection trial for the team selection or achieved at least half colours at any Track & Field championship which recognised by the Director of Physical Education with 60% attendance at practices.

- b. Team members shall only be eligible for the award of colours/half colours.
- c. Athletes who attain one of the following standards given below set by the University at any meet recognized by the S.L.A.A while representing the University or at an internal meet organised by the Department where S.L.A.A. representative is present may be awarded colours/half colours.
- d. Athletes who achieved a required colours standard which mentioned under section 5.1.1
- e. Athletes who obtain a required standard in the Track & Field Championship organized by the Sports Ministry while representing clubs with prior approval of the D.P.E may be awarded.

5.1.1 ATHLETIC COLOURS STANDARD

MEN

EVENT	COLOURS	
	FULL	HALF
100Metres	11.5 Sec	11.7 Sec
200Metres	24.0 Sec	25.0 Sec
400Metres	54.0 Sec	55.0 Sec
800Metres	2 Min 08.5 Sec	2 Min 09.5 Sec
1 500Metres	4 Min 30.0 Sec	4 Min 35.0 Sec
5 000Metres	17 Min 30.0 Sec	17 Min 40.0 Sec
10 000Metres	37 Min 00.0 Sec	37 Min 25.0 Sec
110Metres Hurdles	17.5 Sec	18.5 Sec
400Metres Hurdles	60.1 Sec	61.2 Sec
Long Jump	6.25 Metres	5.94 Metres
Triple Jump	12.85 Metres	12.49 Metres
High Jump	1.73 Metres	1.65 Metres
Pole Vault	3.05 Metres	2.89 Metres
Javelin Throw	45.76 Metres	44.84 Metres
Shot Put	11.00 Metres	10.36 Metres
Discus Throw	32.00 Metres	30.00 Metres
4 x 100 Metres Relay	47.00 Metres	-----
4 x 400 Metres Relay	3 Min 38.0 Sec	-----

WOMEN

EVENT	COLOURS	
	FULL	HALF
100 Metres	13.5 Sec	14.0 Sec
200 Metres	28.5 Sec	29.7 Sec
400 Metres	1 Min 10.0 Sec	1 Min 12.0 Sec
100 MetresHurdles	19.0 Sec	20.0 Sec
400 Metres Hurdles	1 Min 21.0 Sec	1 Min 21.3 Sec
Long Jump	4.87 Metres	4.57 Metres
Triple Jump	10.30 Metres	9.60 Metres
High Jump	1.32 Metres	1.27 Metres
Javelin Throw	24.00 Metres	23.00 Metres
Shot Put	7.81 Metres	7.50 Metres
Discus Throw	23.80 Metres	22.00 Metres
800 Metres	2 Min 50.0 Sec	2 Min 55.0 Sec
4 x 100 Metres Relay	55.5 Sec	-----
4 x 400 Metres Relay	4 Min 43.0 Sec	-----

5.2. CRICKET

FULL COLOURS

- a. To obtain full colours in Cricket, a player should have played in at least 75% of the total matches in the Annual Cricket programme with the minimum number of matches should be five together with at least one of the followings:
 - i. Being a playing member of the University team winning the Championship or being runner-up at the Inter University Cricket Tournament provided that he has played at least up to the semi-final stage of the Tournament.
 - ii. Being selected to represent the National combined University team.
 - iii. Scoring an aggregate of at least 200 runs in 5 innings with an overall average of 30 runs.
 - iv. Taking an aggregate of at least 15 wickets in 5 innings with an overall average of 2 wickets.
 - v. Scoring an aggregate of at least 150 runs in 5 innings with an overall average of 20 runs and taking at least 10 wickets in the same 5 innings with an overall average of 1 wicket.
 - vi. Being an outstanding wicket keeper, scoring 150 runs in 5 innings with an overall of 20 and taking at least 15 victims in the same five innings with an overall average of 2 victims.

HALF COLOURS

- b. To obtain half colours in Cricket, a player should have played in at least 75% of the total matches in the Annual Cricket programme with the minimum number of matches should be five together with at least one of the followings:

- i. Scoring an aggregate of at least 200 runs with an overall average of 20 runs.
- ii. Taking an aggregate of at least 15 wickets with an overall average of 1 wicket.
- iii. Scoring an aggregate of 125 runs with an overall average of 15 runs and taking at least 10 wickets in the same innings with an overall average of 1 wicket.
- iv. Being an outstanding wicket keeper scoring 125 runs with an overall average of 15 runs and taking at least 10 victims in the same 5 innings with an overall average of 1 victim.

NOTE: The above requirements should have been fulfilled through the Inter University Tournament matches or any other tournament matches recognized by the Board of Control for Cricket in Sri Lanka or the Director of Physical Education.

5.3. BADMINTON M/W, TABLE TENNIS M/W, CARROM M/W AND TENNIS

FULL COLOURS

- a. To obtain full colours in Badminton, Table Tennis, Carrom and Tennis, a player
 - i. Should have played in at least 75% of the total matches played by University team. The minimum number of matches should be 5.
 - And
 - ii. At least 50% of the participated matches should have been won by the University team.
 - And
 - iii. Should have taken part in singles or doubles event in at least 60% of the total matches played (Excluding Inter University Tournament) by the team.
 - And
 - iv. Should have been a finalist in the single event of the University Open Championship or any Open Tournaments organized by the controlling body/D.P.E
 - Or
 - Should have been quarter finalist in the National Championships
 - Or
 - Should have gained representative honour.

HALF COLOURS

- b. To obtain half colours in Badminton, Table Tennis, Carrom and Tennis, a player
 - i. Should have played in at least 75% of the total matches played by University team with minimum 5 matches.
 - And
 - ii. At least 50% of the participated matches should have been won by the University team.
 - And
 - iii. Should have taken part in singles or doubles event in at least 60% of the total matches played (Excluding Inter University Tournament) by the team.
 - And

- iv. Should have been a semi-finalist in the single event of the University Open Championship or any open tournaments organized by the controlling body/D.P.E

Or

Should have gained representative honour.

5.4. TEAM GAMES

BASKETBALL M/W, HOCKEY M/W, NETBALL, SOCCER, VOLLEYBALL M/W, THACHCHI M/W AND ELLE M/W

To obtain full colours/half colours in team games Basketball, Hockey, Netball, Soccer, Volleyball, Thachchi and Elle, a player

- i. Should have played in at least 75% of the total matches played by University team with minimum 5 matches.

And

- ii. At least 50% of the participated matches should have been won by the University team.
- iii. A member of the Inter-University Championship/National Championship team may be awarded colours.
- iv. A member of the Sri Lanka University team gained representative honour may be awarded colours.
- v. In any case the number of colours (including half colours) awarded in a sports/game should not be more than the numbers specified below.

Basketball	- 10
Netball	- 08
Soccer	- 12
Hockey	- 12
Volleyball	- 08
Thachchi	- 06
Elle	- 16

5.5. CHESS

FULL COLOURS

- a. To obtain full colours in Chess, a player

- i. Should have played in at least 75% of the total matches played by University team with minimum 5 matches.

And

- ii. At least 50% of the participated matches should have been won by the University team.

And

- iii. Should be a playing member of the University team up to the quarter finals of any standard tournament recognized by the Sri Lankan Chess Federation.

Or

Should be an individual open finalist in a tournament of acceptable standard. The standard of the tournament can be decided either through the S.L.C.F rating criteria or by the recommendation of the D.P.E.

HALF COLOURS

- b. To obtain half colours in Chess, a player
- Should have played in at least 75% of the total matches played by University team with minimum 5 matches.
- And
- At least 50% of the participated matches should have been won by the University team.
- And
- Should have been an individual open semi-finalist in a tournament of acceptable standard. The standard of the tournament can be decided either through the S.L.C.F rating criteria or by the recommendation of the D.P.E

5.6. WEIGHTLIFTING - MEN/WOMEN

A selection competition shall be held in the beginning of the academic year for the purpose of constituting the University weightlifting team.

FULL COLOURS

- a. To obtain full colours in weightlifting, a weightlifting team member should have performed at least 75% of the total weightlifting team's annual programme and at least one of the followings:
- Being a member of the University team participated in the Inter University Tournament/Championship and satisfies the required standard specified below.
 - Being the finalist in the University/District/National open tournament and should have achieved the required standard specified below.

MEN			
	Weight Category	Half Colours Standard	Full Colours Standard
1	55 Kg	150 Kg	160 Kg
2	61 Kg	155 Kg	160 Kg
3	67 Kg	155 Kg	160 Kg
4	73 Kg	155 Kg	165 Kg
5	81 Kg	160 Kg	170 Kg
6	89 Kg	160 Kg	170 Kg
7	96 Kg	160 Kg	170 Kg
8	102 Kg	155 Kg	165 Kg
9	109 Kg	150 Kg	160 Kg
10	+109 Kg	150 Kg	160 Kg

WOMEN			
	Weight Category	Half Colours Standard	Full Colours Standard
1	45 Kg	55 Kg	60 Kg
2	49 Kg	57 Kg	62 Kg
3	55 Kg	62 Kg	65 Kg
4	59 Kg	65 Kg	70 Kg
5	64 Kg	70 Kg	75 Kg
6	71 Kg	73 Kg	80 Kg
7	76 Kg	74 Kg	80 Kg
8	81 Kg	75 Kg	82 Kg
9	87 Kg	76 Kg	83 Kg
10	+87 Kg	78 Kg	85 Kg

5.7. WRESTLING- FULL COLOURS/HALF COLOURS

Those who attend the practice regularly would be included in the University Wrestling pool and subsequently in the team.

To obtain colours/half colours in wrestling, a wrestling team member should satisfy the followings:

1.

- a. Should have performed in at least 75% of the total wrestling team's annual programme.

And

- b. Being the finalist for full colours/ being the semi finalist for half colours in the University Wrestling Open Individual Competition or Inter University Wrestling Individual Competition, but atleast minimum three competitors should have participated in the above tournaments at respective weight category.

5.8 KARATE& TAEKWONDO M/W – FULL COLOURS/HALF COLOURS

Those who attend the practice regularly would be included in the University karate pool and subsequently in the team.

To obtain colours/half colours in karate/taekwondo team, a karate/taekwondo team member should satisfy the followings:

1.

- a. Should have performed in at least 75% of the total karate/taekwondo team's annual programme.

And

- b. Being the finalist for full colours/ being the semifinalist for half colours in the University Karate/TaekwondoOpenIndividual Competition or Inter University Karate/TaekwondoIndividual Competition in Kumite/Kata/Poomse, but atleast minimum three competitors should have participated in the above tournaments at respective Weight/Kyu/Belt category.

And

- c. Being a black belt holder for full colours and a brown belt holder for half colours for Kata and Poomse such belts should have been obtained from a recognized Karate/Taekwondo Association of Sri Lanka.

Representative honours

- a. If an undergraduate is selected to represent Sri Lanka through the University,
- b. If an undergraduate is selected to represent President's team through the University,
- c. If an undergraduate is selected to represent Sri Lanka Universities Sports Association's team through the University, the undergraduate qualifies for a representative honours.

N.B:- The standards specified above are subject to change from time to time.

PART 6

PART - 6: THE AWARD OF UNIVERSITY COLOURS

- 6.1. For each of the following game colours/half colours shall be awarded; Cricket, Football, Basketball, Hockey, Netball, Volleyball, Athletics, Badminton, Chess, Table Tennis, Tennis, Thachchi, Carrom, Weightlifting, Gymnastic, Karate, Elle and any other games may from time to time be added to the list of those officially recognized by the council for award of colours.
- 6.2. For each of such game/sports in (6.1) there shall be a committee called colours committee comprising the Captain, the Vice-Captain, the Manager, the Coach and the Instructor/Instructress in charge.
- 6.3. Recommendation for the award of colours/half colours shall be submitted with justifications by the colours committee at least one month before the date fixed for the Colours Nite.
- 6.4. The names of all those awarded colours/half colours shall be recorded in a book provided for that purpose.
- 6.5. Colours/half colours shall be awarded for each year. Full colours men/women will receive the certificate and the crest. However the crest is issued only once in the University career. Half colours men/women will receive only the certificates.
- 6.6. A game where a definite number forms a team the number of members awarded colours/half colours shall not exceed the number required to form the team.
- 6.7. No member may be awarded colours in any game for more than three years.
- 6.8. To be eligible for the award of colours/half colours the member should satisfy the standard/criteria that may be set from time to time by the council in consultation with D.P.E/I.P.E
- 6.9. Any member shall be eligible to wear or exercise the privilege of such award only after he/she is awarded colours at a ceremony presided by the Vice-Chancellor of the University or any other member delegated by him/her.

GENERAL RULES

- 6.10. In addition to the condition laid down above, the followings will also be taken into the consideration.
 - i. The general conduct on and off the field during sports activities or any other situation connected with the University.
 - ii. Attendance at practices.
 - iii. An undergraduate ceases to represent the University once he/she sits the final Examination.
 - iv. A member of a University team should not play against the University team of the respective game/sports, by representing any other club without a prior approval of the Captain of the game concerned and the D.P.E.

TEAM SELECTION COMMITTEE

The selectors of a team comprise the Captain, the Vice Captain, the Manager, the Coach and the Instructor/Instructress- in charge of the team concerned. This committee selects the playing squad of the matches/tournaments.

COLOURS COMMITTEE

The colours committee of a team comprise the Captain, the Vice-Captain, the Manager, the Coach and the Instructor/Instructress- in charge of the team concerned. This committee shall make recommendation for colours in the game.

SPECIAL PRIZES AWARDED AT THE COLOURS AWARD CEREMONY

Prize	Criteria
Best Batsman	Highest scorer in aggregate with a minimum overall average of 25 runs.
Best Bowler	Highest wickets taker in aggregate with a minimum overall average of 2 wickets.
Best Fielder	Based on number of victims/run outs/saving runs
Best all-round cricketer	Obtaining highest points based on the following scheme, One point for every 10 runs scored One point for every wicket taken Fielding also considered
The cricket colours committee shall make the recommendation for the prizes in cricket along with colours recommendations	
Best freshman/woman	A first year student of the University receiving minimum half colours shall be eligible for best freshman/woman award, of a team. Note: If a team fails to fulfil the colours requirement in any exceptional situation and if a player from first year from that particular team has done well, he/she could be selected by the colours committee for the award of best freshman/woman.
Board prizes in chess	Awarded to colours man/woman receiving highest percentage of score in the respective board. No one shall receive more than one board prize.
Outstanding athlete of the year	Awarded among member of the both athletic men team and athletic women team for the best performance in any event in any of the following meet. FreshersTrack & FieldChampionship, Inter Faculty Track & FieldChampionship, Inter University Track & Field Championship and any other recognized District/Provincial/National Meet.

BEST ALL-ROUND SPORTSMAN/WOMAN OF THE YEAR AWARD

This most distinguished award is awarded annually to a sportsman/woman of the University who excel in sports with best all-round performance, organisation and achievement, during the University career.

Eligibility for the award of best all-round sportsman/woman

- i. Should have received colours for at least two years.
- ii. Should have represented a University team in sports/games during the year of award.

Criteria

A sportsman/woman scores highest point with a minimum of 50 points in the following points scheme shall be judged as the best all-round sportsman/woman of the year.

Points Scheme

Distinction	Points	Maximum Ceiling	Remarks
Full Colours Award	05 pt	45 pt	Point calculated for preceding 3 years of the year of award concerned.
Representative certificate	01 pt	10 pt	-Do-
Outstanding athlete of the meet.	02 pt	06 pt	Achieved in the recognised meets as stated in part(5)
Creating new ground record Track & Field	02 pt	No limit	-Do-
Captaincy	10 pt	30pt	In any game no one shall be awarded points for both captaincy and vice captaincy.
Vice Captaincy	05 pt	15 pt	
Office bearers- University Sports Council (President/ Secretary/Treasurer)	02pt	06pt	No points for holding a same post for another year.
National Representation/National Individual Champion(1 st place)	20 pt	40pt	--
University combined team representation	05 pt	10 pt	Representation should have been made through the University.
District representation	03 pt	06 pt	--
Provincial representation	05 pt	10 pt	--

Note: A player, who has selected for a National Pool and attended the practice, should be credited with equal points of the provincial level representation.

While calculating the points the following guidelines are followed:

- (i) If someone receives three colours awards in a game for three consecutive years prior to the year of award, he/she may be given due points for the colours award received in the game.
- (ii) The points for National or Provincial or District representation is allocated only if he/she represents the University team in the game concerned during the year of such representation.
- (iii) Once the points for a National representation is allocated there shall be no points allocated for the District and the Provincial representations for the game concerned.
- (iv) Once the points for a Provincial representation is allocated there shall be no points allocated for the District representation for the game concerned.